



You will need:

2-3 sheets of A4 card  
(Depending on head size)  
Kitchen foil  
Glue or sellotape  
Permanent marker

# Brave Knight's Helmet

[www.leoandthelightningdragons.com](http://www.leoandthelightningdragons.com)



Cut one of your sheets of cardboard into four strips lengthwise. Using glue or tape, stick two strips together to form a band going around the head. You may need to attach another strip depending on head size. Use remaining strips to form a band going over the head and attached with glue or tape. Wrap kitchen foil around the helmet. Use glue if needed. Cut 'feathers' from remaining card and paint colour of your choice. Leave an inch or so to allow you to stick it to the helmet with glue or tape. Draw visor detail with permanent marker.